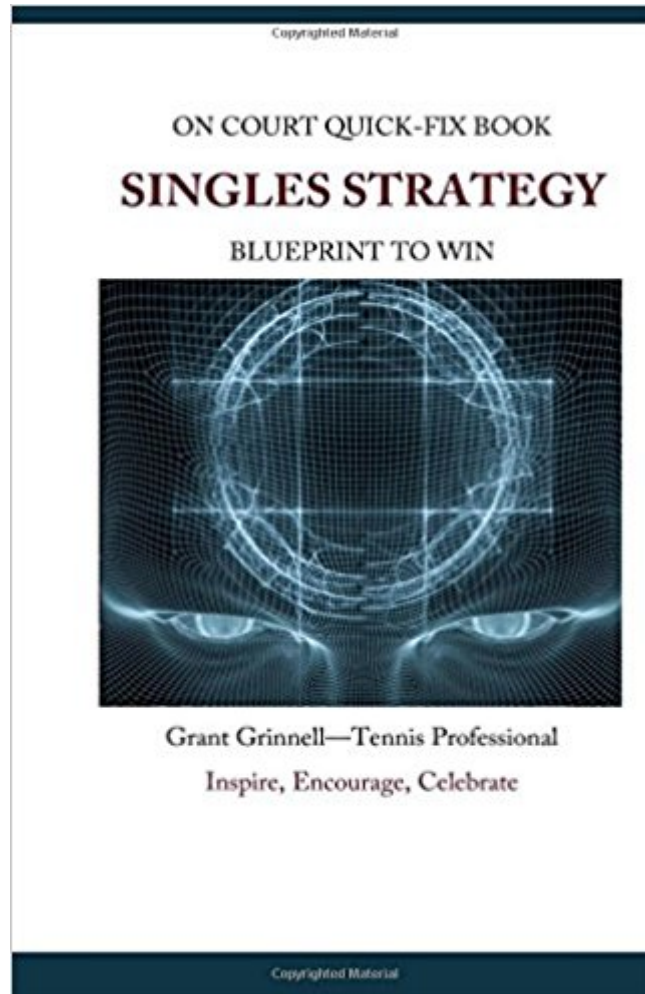




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Singles Strategy: Blueprint To Win - Quick-Fix Book



Synopsis

This (quick-fix) book provides the blue print to playing the highest percentage tennis possible based on the geometry of the court. *PLUS A SPECIAL SECTION that precisely defines the latest analytics which (definitively) show the patterns you'll want to immediately add to your game. The ANALYTICS include where to serve, where to return, where to hit your ground strokes, when to go to the net, where to hit when you get there. What percentage of points do you need to win the match. What patterns of play create the highest winning percentage and more! This CONDENSED KNOWLEDGE book also provides POTENT TACTICS for how to beat any style singles player including: a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player. The mental toughness section pinpoints the philosophies and mindsets to IMPROVE at the fastest rate possible and then identifies the attitudes you'll need to consistently play up to and (STRETCH) the upper limits of your ability. Overall, this (quick-fix) book is designed to SAVE YOU TIME, improve shot selection, reduce match play nerves and pressure, and give you the instantaneous tactical wisdom to consistently win!

Book Information

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Customer Reviews

Grant Grinnell is a USPTA certified tennis professional with over 38 years coaching, 55,000 hours on-court experience, years of seeking uncommon knowledge, and decades of creating the most (efficient and effective) methods to help students find their best fast.

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